

Researcher Spotlight

Bringing Hope to Trauma Survivors

Dr. Sarah Linnstaedt

Dr. Sarah Linnstaedt at University of North Carolina at Chapel Hill is leading a CWR-funded pilot, placebo-controlled clinical trial to evaluate whether estrogen (widely used in women's health) can reduce chronic musculoskeletal pain and post-traumatic stress disorder (PTSD) among women following sexual assault. If successful, this study could lay the groundwork for larger trials and new treatment pathways to improve long-term outcomes for survivors.

She has received multiple NIH grants and a grant from the Rita Allen Foundation, as well as the NIH Heal Director's Trailblazer Award and the American Pain Society's Future Leader in Pain Research Award. Dr. Linnstaedt's leadership reflects her deep commitment to reducing chronic pain for survivors of trauma.

She is also committed to training future leaders in her field. "[I am the] most proud of my trainees because it means that I've instilled in them an enthusiasm for research and have taught them a thing or two along the way."

Profile

Dr. Linnstaedt received her PhD from Georgetown University before completing a fellowship at Duke University. She is currently an Associate Professor of Anesthesiology at University of North Carolina at Chapel Hill.



CWR Funding

In this trial, Dr. Linnstaedt and her team are assessing the feasibility, safety and initial efficacy of estrogen to reduce chronic pain and PTSD. Dr. Linnstaedt and this trial represent two Cures Within Reach communities:

- Neurology
- Health Equity



Cures Within Reach is testing already approved treatments for unsolved diseases:
driving more treatments to more patients more quickly

www.cureswithinreach.org 847.745.1252 info@cureswithinreach.org

Cures Within Reach is a 501(c)3 tax-exempt organization



**SCHOOL OF
MEDICINE**