Treating Agitation in Alzheimer’s Patients with a Therapy Used to Reduce Chemo Side Effects

In 2019, Cures Within Reach supported Dr. Krista Lanctôt at the University of Toronto and the Sunnybrook Research Institute to test nabilone, a cannabinoid used to treat nausea and vomiting caused by cancer chemotherapy, for treating agitation in Alzheimer’s disease (AD). Severe agitation can increase progression of AD and physical health problems, as well as negatively impact caregivers. There was an urgent need for safer medication options, since the standard of care produced only small improvements, while increasing the risk of harmful side effects, including mortality. Dr. Lanctôt’s pilot study was the first randomized, placebo-controlled clinical trial to observe the efficacy of nabilone in treating agitation, as well as its underlying cause, pain, and weight loss. She found that nabilone significantly reduced agitation, overall neuropsychiatric symptoms, and lowered caregiver distress in AD patients. With these promising preliminary findings, she is currently conducting a Phase III trial.

KEY FACTS AND IMPACT

- CWR provided $30,000 to fund a clinical trial testing nabilone for agitation in Alzheimer’s disease in partnership with Alzheimer’s Drug Discovery Foundation (ADDF)
- CWR’S contribution helped leverage more than $2.2 million in follow-on funding from ADDF and others
- Early results allowed Dr. Lanctôt to continue with Phase II and III trials